

# Equine Performance & Rehabilitation

## AVAILABLE THERAPIES

The Equine Performance & Rehabilitation Center (EPRC) provides comprehensive programs that seek to help horses achieve their maximum level of physical function and performance. The individualized equine services are directed at not only horses with injuries, but also the normal horse that needs improved physical function and conditioning to help prevent injuries. The team approach for the promotion of equine health and function is accomplished through advanced diagnostics as well as integrated therapies.

### Pain Management

#### ACUTE

- Laser
- Ice
- Saltwater Cryotherapy
- Acupuncture
- Shockwave
- E-Stim/TENS
- Whole Body Vibration
- Injection
- PRP
- Stem Cells
- $\Omega$ -3 Supplements
- Sling
- Pulsed Electromagnetic

#### CHRONIC

- Laser
- Heat
- Acupuncture
- Chiropractic
- Massage
- UWTM
- Shockwave
- Injection
- PRP
- Stem Cells
- $\Omega$ -3 Supplements
- E-Stim/TENS
- Whole Body Vibration

### Mental Health | Stall Rest | Body Soreness

- Exercise | Walker, Arena Turnout
- Groundwork | Poles, Lunge, Equicore
- Grooming and Tail Care
- Carrot Stretches | Neck and Back
- Passive Range of Motion
- Acupuncture
- Whole Body Vibration
- Standing Bandages
- Manual Stretching
- Massage

### Recumbency

- Wound Care
- Massage
- Pain Management
- Nutrition
- Novel Bed Sore Care

### Loss of Use

- Therapeutic Ultrasound
- UWTM
- Passive Range of Motion
- Massage/Physical Modalities
- Stretching
- Sling
- Acupuncture
- $\Omega$ -3 Supplements

### Neuro

- Hyperbaric Oxygen Therapy
- UWTM
- Whole Body Vibration
- Groundwork | Poles, Lunge, Equicore
- Carrot Stretches | Neck and Back
- Chiropractic
- Injection
- Sling
- $\Omega$ -3 Supplements

### Cast Care

- Passive Range of Motion
- Thermography
- Laser
- E-Stim

### Wound and Incision Healing

- Laser
- Hyperbaric Oxygen Therapy
- Hot/Cold
- Shockwave
- Novel Dressings and Bandages
- PRP
- Acupuncture
- $\Omega$ -3 Supplements

# Equine Performance & Rehabilitation

## Laminitis

### ACUTE

- Laser
- Ice
- Hyperbaric Oxygen Therapy

- Recumbency Care
- Pulsed Electromagnetic

### CHRONIC

- Saltwater Cryotherapy
- Corrective Shoeing
- Sling
- Massage
- Acupuncture

## Post-Op Colic

- Laser
- HBOT
- Carrot Stretches | Neck only
- Stall Rest Care
- Acupuncture

## Pre- and Post-Op Orthopedic

### PRE-OP

- UWTM
- E-Stim
- Acupuncture
- Laser
- Therapeutic Ultrasound

### POST-OP

- E-Stim/TENS
- Laser
- Acupuncture
- Pulsed Electromagnetic
- Hyperbaric Oxygen Therapy

## Cellulitis/Edema

- Saltwater Cryotherapy
- Turbulator Boots
- Taping
- Pulsed Electromagnetic
- Therapeutic Ultrasound
- Laser
- Hyperbaric Oxygen Therapy
- Massage

## Neonates

- Passive Range of Motion
- Flexural Deformity Care
- Angular Limb Deformity Care
- Hyperbaric Oxygen Therapy

## Proprioception Deficits

- Groundwork | Poles, Lunge, Equicore
- Carrot Stretches | Neck and Back
- UWTM

The EPRC is located adjacent to the state-of-the-art equine hospital that provides surgery, internal medicine, anesthesia, and laboratory testing by board-certified faculty and highly trained staff. Appointments for any of the Performance or Rehabilitation Services may be made by calling the UTCVM Veterinary Medical Center at **(865) 974-8387**, Monday - Friday from 8 am until 5 pm. We will formulate and discuss with you a health care plan for your animal and its cost. Additional information can be found at [equinerehab.utk.edu](http://equinerehab.utk.edu).

