## UTCVM NUTRITION SERVICE

Diet, Activity \& Household History Form

## OWNER INFORMATION (please PRINT)

Primary Contact (First and Last Name):
Alternate Contact (First and Last Name): $\qquad$
Street Address: $\qquad$
City: $\qquad$ State: $\qquad$ Zip Code: $\qquad$
Phone number(s): $\qquad$
E-mail: $\qquad$
(Consults REQUIRE a valid e-mail; this is how you will receive the completed nutrition consult)
By checking the boxes below, I acknowledge that the following items are REQUIRED by the nutrition service and that my pet's appointment will be canceled if any of these items are not received.

- Baseline Labwork (within last 6 months)
- Chemistry
- Urinalysis

Please have this information submitted or schedule an appointment with your veterinarian(s) to have these tests performed if not completed within the last 6 months.
[ Nutrition Referral Form (completed by your veterinarian)

- We CANNOT provide consultation without a request from your veterinarian.
- This is the veterinarian who receives copies of our recommendations for your pet.
$\square$ Diet, Activity \& Household History Form (this form, completed by the owner)
- We CANNOT provide consultation without completion of this form, including the Remote Consultation Form on page 9.
Please feel free to contact your veterinarian(s) to confirm the correct labwork and referral form have been sent.
It is the owner's responsibility to ensure we receive all required documentation. We reserve the right to cancel any scheduled appointments if required items are not received.

Email all forms to vetclientservices@utk.edu.

## ALL appointments with the nutrition service start with a Nutrition Consultation (\$179.00) <br> To reach the nutrition service directly please email UTVNS@utk.edu.

If a written diet plan is recommended, select which option you think is most appropriate for your pet:
Commercial Diet Plan (\$133)

- Homemade Diet Plan (\$334 and up)
- Weight Loss Plan
- Unsure of what option is best for my pet
${ }^{* * *}$ All written diet plans will be released within 10 business days of the Nutrition Consultation. ${ }^{* * *}$

How did you hear about us?

- My primary or specialty care veterinarian
- Internet search
- Friend/family member
- Other: $\qquad$

PET INFORMATION (please PRINT)


On average, how many hours per day is the pet home alone? $\qquad$
Number of family members at home? Adults: $\qquad$ Children: $\qquad$
Other pets in the house? YES $\square$ NO Number of additional pets and species: $\qquad$
Where is your pet fed? $\qquad$
Does your pet have access to other pet food? $\square$ YES $\square$ NO
If YES, please describe: $\qquad$

Is there competition for food between pets? Y YES $\square$ NO
If YES, please describe: $\qquad$

Is your pet fed from the same bowl as other pets in the house? Y YES $\square$ NO
If YES, please describe: $\qquad$

Does your pet ever gain access to the trash? YES $\square$ NO
If YES, how often does your pet get into the trash?
Does your pet have access to the outdoors?
NO Fenced backyard Unfenced yard Leash walks Other:
Where does your pet spend most of its time? $\square$ Indoors $\square$ Outdoors Both Indoors \& Outdoors
Is your pet: $\square$ Very active Moderately active $\square$ Not very active
Please describe the type or work or exercise (if any) your pet does on average per week. $\qquad$

Please describe any care not provided by the primary owner (e.g., day care, dog walker, boarding): $\qquad$

Has your pet experienced any undesired weight gain or weight loss? $\square$ YES $\square$ NO
If YES, please describe: $\qquad$

## PAGE 2

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What is your pet's current weight? $\qquad$ a POUNDS or $\square$ KILOGRAMS

Date weight was assessed: $\qquad$ 1 1 (Month/Day/Year)

## Is your pet: Overweight Ideal weight U Underweight

If over- or underweight, what is your pet's ideal weight? $\qquad$ ] POUNDS or KILOGRAMS

Current Medical Concerns (reasons for this consult): $\qquad$
$\qquad$
Previous Medical History (please indicate whether or not these conditions have resolved): $\qquad$
$\qquad$
If YES, please describe:

Have you noticed any change in your pet's bowel movements? YES NO
If YES, please describe: $\qquad$
$\qquad$
Does your pet currently have a good appetite? YES NO
If NO, please describe: $\qquad$
$\qquad$
Has your pet's appetite recently changed? YES NO
If YES, please describe: $\qquad$
$\qquad$
Is your pet vomiting? $\square$ YES NO
If YES, please describe: $\qquad$
$\qquad$
Do you use foods for medication administration? $\square$ YES $\square$ NO
If YES, please describe: $\qquad$
$\qquad$

## PAGE 3

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## Current Flea/Tick/Heartworm Prevention (name and frequency of administration):

EXAMPLE: Bravecto (for $10-22$ pound dogs): 1 chew every 12 weeks (last given 10/1/2016)
1.
2.
3.

## Current Medications (name and dose per day):

EXAMPLE: Prednisone ( 5 mg tablets): $11 / 2$ tablets twice daily

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4. $\qquad$
5. $\qquad$
6. $\qquad$
7. 
8. $\qquad$
9. $\qquad$
10. 

Current Supplements (name and dose per day):
EXAMPLE: Nutramax Dermaquin Plus for Dogs ( 1300 mg Omega-3 fatty acids, 680 mg EPA, 450 mg DHA per teaspoon): 1 teaspoon once daily

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2. $\qquad$
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4. $\qquad$
5. $\qquad$
6. $\qquad$
7. 
8. $\qquad$
9. $\qquad$
10. $\qquad$

## COMMERCIAL DIET HISTORY

| Diet Type | Brand | Flavor | Amount Fed Per Meal | Times Fed Per Day | Fed Since or Dates Fed | Reason Stopped |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| EXAMPLE: Dry | Purina Pro Plan | Sensitive Skin \& Stomach Salmon \& Rice | 1 cup | Twice daily | Fed since May 2015 | Still feeding |
| EXAMPLE: <br> 5-oz wet tub | Wellness Trufood | Tasty Pairings with Chicken, Green Beans \& Chicken Liver | $1 / 2$ tub | Four times per day | 01/14-10/16 | Associated with diarrhea |
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## HOMEMADE DIET HISTORY

| Diet/Ingredient Type | Preparation Method | Amount Fed Per Meal | Times Fed Per Day | Fed Since or Dates Fed | Reason Stopped |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EXAMPLE: <br> Ground beef (80\% lean, 20\% fat) | Pan browned in 1 tablespoon olive oil | 1 cup, cooked amount | Twice daily | January 2014 October 2016 | Still feeding |
| EXAMPLE: <br> Green beans | Fed raw | 1/2 cup, raw amount | Twice daily | January 2014 October 2016 | Associated with diarrhea |
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COMMERCIAL TREAT HISTORY

| Treat Type | Brand | Flavor | Size | Number Fed Per Day | Fed Since or Dates Fed | Reason Stopped |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| EXAMPLE: <br> Biscuit | Old Mother Hubbard | Classic <br> Liv'R'Crunch oven-baked dog biscuits | Mini | 6 | $\begin{aligned} & \text { Fed since May } \\ & 2015 \end{aligned}$ | Still feeding |
| EXAMPLE: <br> Bone | Greenies | Freshmint Dental Chews | Teenie | 1 | 01/14-10/16 | Associated with diarrhea |
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HUMAN FOOD / HOME PREPARED TREAT HISTORY

| Treat Type | Ingredient | Serving Size | Times Fed Per Day | Fed Since or Dates Fed | Reason Stopped |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EXAMPLE: <br> Vegetable | Green beans | 1/2 cup | 2 | Fed since May 2015 | Did not eat them well |
| EXAMPLE: <br> Homemade treat | $1 / 2$ cup rolled oats 1 tbsp applesauce 1 cup water | Each batch makes 20 treats; 1-2 treats fed per day | 3 | 01/14-10/16 | Still feeding |
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PLEASE COMPLETE THE FOLLOWING PAGES IF YOU ARE INTERESTED IN A HOMEMADE DIET FORMULATION.
HOMEMADE DIET QUESTIONNAIRE
Please select protein ingredients your pet has consumed in the past or is currently eating. Please also indicate if there are any ingredients you would prefer to use or avoid using in a homemade diet.

| Ingredient | Consumed in the Past | Currently Eating | Prefer to Use | Prefer to Avoid | Additional Comments |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Chicken |  |  |  |  |  |
| Liver (specify type) |  |  |  |  |  |
| Turkey |  |  |  |  |  |
| Beef |  |  |  |  |  |
| Pork |  |  |  |  |  |
| Lamb |  |  |  |  |  |
| Duck |  |  |  |  |  |
| Rabbit |  |  |  |  |  |
| Venison |  |  |  |  |  |
| Kangaroo |  |  |  |  |  |
| Ostrich |  |  |  |  |  |
| Bison |  |  |  |  |  |
| Cod |  |  |  |  |  |
| Salmon |  |  |  |  |  |
| Tilapia |  |  |  |  |  |
| Tuna |  |  |  |  |  |
| Other Fish (specify type) |  |  |  |  |  |
| Crab |  |  |  |  |  |
| Shrimp |  |  |  |  |  |
| Chicken Egg |  |  |  |  |  |
| Cheese (specify type) |  |  |  |  |  |
| Cottage Cheese |  |  |  |  |  |
| Soybean/Tofu |  |  |  |  |  |
| Yogurt |  |  |  |  |  |
| Peanut Butter |  |  |  |  |  |
| Cream Cheese |  |  |  |  |  |
| Chickpeas |  |  |  |  |  |
| Pinto Beans |  |  |  |  |  |

Are there any protein sources not listed above that your pet has previously consumed?

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Please select carbohydrate ingredients your pet has consumed in the past or is currently eating. Please also indicate if there are any ingredients you would prefer to use or avoid using in a homemade diet.

| Ingredient | Consumed in the Past | Currently Eating | Prefer to Use | Prefer to Avoid | Additional Comments |
| :---: | :---: | :---: | :---: | :---: | :---: |
| White Rice |  |  |  |  |  |
| Brown Rice |  |  |  |  |  |
| Barley |  |  |  |  |  |
| Oats (Oatmeal) |  |  |  |  |  |
| Wheat (pasta, bread, etc.) |  |  |  |  |  |
| Other Pasta (specify type) |  |  |  |  |  |
| Couscous |  |  |  |  |  |
| White Potato |  |  |  |  |  |
| Sweet Potato |  |  |  |  |  |
| Lentils |  |  |  |  |  |
| Millet |  |  |  |  |  |
| Quinoa |  |  |  |  |  |
| Mung Beans |  |  |  |  |  |
| Adzuki Beans |  |  |  |  |  |
| Tapioca |  |  |  |  |  |
| Sorghum |  |  |  |  |  |
| Green Beans |  |  |  |  |  |
| Carrots |  |  |  |  |  |
| Corn/Polenta |  |  |  |  |  |
| Spinach |  |  |  |  |  |
| Green Peas |  |  |  |  |  |
| Broccoli |  |  |  |  |  |
| Cauliflower |  |  |  |  |  |
| Zucchini |  |  |  |  |  |
| Squash (specify type) |  |  |  |  |  |
| Pumpkin |  |  |  |  |  |

Are there any carbohydrate sources not listed above that your pet has previously consumed?

Is there any food that your pet will not eat?

Medical Record \#:

Animal's Name:
Owner:
Species:

Age:
Sex:
UFCVM VETERINARY MEDICAL CENTER

# REMOTE CONSULTATION <br> TREATMENT CONDITIONS 

Phone:

Email:

1. Medical Consent: II, the undersigned, do hereby certify that I am the owner (or authorized agent of the owner) of this animal and that I am 18 years of age or older; that I hereby authorize the Veterinary Medical Center of the University of Tennessee, their agents or representatives, to recommend the medical or surgical procedures, sedation, anesthesia, x-ray examination, diagnostic procedures, prescribe drugs, or such treatment which the clinician deems necessary.
2. No Guarantee as to Results: I understand that the practice of veterinary medicine and surgery is not an exact science, and I acknowledge that no guarantees have been made to me as to the result of treatments and examination.
3. Education: I understand and agree that the University of Tennessee Veterinary Medical Center is involved in educational activities and that faculty, residents, interns and students will be involved in my animal's care.
4. Release of Information: I authorize the release of medical information to the following Insurance Company
$\qquad$
5. Photography/Videos/Audio: If I submit photographs/video/audio recordings of my animal, I hereby authorize the University of Tennessee, College of Veterinary Medicine to use or permit other persons to use the images, videos, or sound recordings prepared therefrom for such purposes and in such manner as may be deemed necessary, including but not limited to teaching, education, research, and public information purposes, and the animal and/or owner will not be identified by name.
6. Promise to Pay Account: I agree to accept responsibility for the payment of all consultations/services rendered. Should it become necessary to collect this account through an attorney, the undersigned agrees to pay all costs of collections, including reasonable attorney fee

- Payment required when services rendered
- \$30 service charge for all returned checks
- Interest may be charged at a rate of $1.5 \%$ per month ( $10 \%$ per annum) for all accounts with outstanding balances

The undersigned certifies that he/she has read the foregoing, or has had the foregoing read to him/her, and that he/she understands and fully accepts its terms.

