UTCVM NUTRITION SERVICE

Diet, Activity & Household History Form

OWNER INFORMATION (please PRINT)		
Primary Contact (First and Last Name):		
Alternate Contact (First and Last Name):		
Street Address:		
City:		
Phone number(s):		
E-mail:(Consults <u>REQUIRE</u> a valid e-mai	il; this is how you will receive the con	npleted nutrition consult)
By checking the boxes below, I acknowle service and that my pet's appointment w Baseline Labwork (within last 6 i	vill be canceled if any of these	
☐ Chemistry ☐ Urinalysis		
Please have this information submit performed if not completed within		h your veterinarian(s) to have these tests
☐ Nutrition Referral Form (compl	leted by your veterinarian)	
	on without a request from your veterives copies of our recommendations	
☐ Diet, Activity & Household His	story Form (this form, complete	ed by the owner)
 We CANNOT provide consultation page 9. 	on without completion of this form, ir	ncluding the Remote Consultation Form
Please feel free to contact your veterinarial It is the owner's responsibility to ensure any scheduled ap		n. We reserve the right to cancel
Email all	I forms to vetclientservices@utk.edu	ļ.
ALL appointments with the nutrition To reach the nutrition	tion service start with a Nutrit on service directly please email <u>UTVN</u>	
lf a written diet plan is recommended, se	elect which option you think is	s most appropriate for your pet:
□ Commercial Diet Plan (\$133)□ Weight Loss Plan		et Plan (\$334 and up) t option is best for my pet
*** All written diet plans will be re	leased within 10 business days of the	Nutrition Consultation.***
How did you hear about us?		
My primary or specialty care veterinarianFriend/family member	☐ Internet search ☐ Other:	



UTCVM VETERINARY MEDICAL CENTER

SMALL ANIMAL HOSPITAL

PET INFORMATION (please PRINT)
Name: Breed:
Species: ☐ Canine ☐ Feline ☐ Gender: ☐ Intact Female ☐ Spayed Female ☐ Intact Male ☐ Neutered Male
Age:
Who feeds this pet?
On average, how many hours per day is the pet home alone?
Number of family members at home? Adults: Children:
Other pets in the house? YES NO Number of additional pets and species:
Where is your pet fed?
Does your pet have access to other pet food? YES NO
If YES, please describe:
Is there competition for food between pets? YES NO
If YES, please describe:
Is your pet fed from the same bowl as other pets in the house? $\ \square$ YES $\ \square$ NO
If YES, please describe:
Does your pet ever gain access to the trash? YES NO
If YES, how often does your pet get into the trash?
Does your pet have access to the outdoors?
□ NO □ Fenced backyard □ Unfenced yard □ Leash walks □ Other:
Where does your pet spend most of its time? \Box Indoors \Box Outdoors \Box Both Indoors & Outdoors
Is your pet: Urry active Moderately active Not very active
Please describe the type or work or exercise (if any) your pet does on average per week.
Please describe any care not provided by the primary owner (e.g., day care, dog walker, boarding):
Has your pet experienced any undesired weight gain or weight loss? ☐ YES ☐ NO
If YES, please describe:

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SMALL ANIMAL HOSPITAL

What is your pet's current weight? □ POUNDS or □ KILOGRAMS
Date weight was assessed:/(Month/Day/Year)
Is your pet: Overweight Ideal weight Underweight
If over- or underweight, what is your pet's ideal weight? DOUNDS or KILOGRAMS
Current Medical Concerns (reasons for this consult):
Previous Medical History (please indicate whether or not these conditions have resolved):
Have you noticed any change in the amount your pet is drinking or urinating? \Box YES \Box NO
If YES, please describe:
Have you noticed any change in your pet's bowel movements? □ YES □ NO
If YES, please describe:
Does your pet currently have a good appetite? □ YES □ NO
If NO, please describe:
Has your pet's appetite recently changed? □ YES □ NO
If YES, please describe:
-
Is your pet vomiting?
If YES, please describe:
Do you use foods for medication administration? ☐ YES ☐ NO
If YES, please describe:



Current Flea/Tick/Heartworm Prevention (name and frequency of administration): EXAMPLE: Bravecto (for 10 - 22 pound dogs): 1 chew every 12 weeks (last given 10/1/2016) Current Medications (name and dose per day): EXAMPLE: Prednisone (5 mg tablets): 1 1/2 tablets twice daily Current Supplements (name and dose per day): EXAMPLE: Nutramax Dermaquin Plus for Dogs (1300 mg Omega-3 fatty acids, 680 mg EPA, 450 mg DHA per teaspoon): 1 teaspoon once daily



COMMERCIAL DIET HISTORY

Diet Type	Brand	Flavor	Amount Fed Per Meal	Times Fed Per Day	Fed Since or Dates Fed	Reason Stopped
EXAMPLE: Dry	Purina Pro Plan	Sensitive Skin & Stomach Salmon & Rice	1 cup	Twice daily	Fed since May 2015	Still feeding
EXAMPLE: 5-oz wet tub	Wellness Trufood	Tasty Pairings with Chicken, Green Beans & Chicken Liver	½ tub	Four times per day	01/14 -10/16	Associated with diarrhea

HOMEMADE DIET HISTORY

Diet/Ingredient Type	Preparation Method	Amount Fed Per Meal	Times Fed Per Day	Fed Since or Dates Fed	Reason Stopped
EXAMPLE: Ground beef (80% lean, 20% fat)	Pan browned in 1 tablespoon olive oil	1 cup, cooked amount	Twice daily	January 2014 - October 2016	Still feeding
EXAMPLE: Green beans	Fed raw	½ cup, raw amount	Twice daily	January 2014 – October 2016	Associated with diarrhea

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COMMERCIAL TREAT HISTORY

Treat Type	Brand	Flavor	Size	Number Fed Per Day	Fed Since or Dates Fed	Reason Stopped
EXAMPLE: Biscuit	Old Mother Hubbard	Classic Liv'R'Crunch oven-baked dog biscuits	Mini	6	Fed since May 2015	Still feeding
EXAMPLE: Bone	Greenies	Freshmint Dental Chews	Teenie	1	01/14 -10/16	Associated with diarrhea
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HUMAN FOOD / HOME PREPARED TREAT HISTORY

Treat Type	Ingredient	Serving Size	Times Fed Per Day	Fed Since or Dates Fed	Reason Stopped
EXAMPLE: Vegetable	Green beans	1/2 cup	2	Fed since May 2015	Did not eat them well
EXAMPLE: Homemade treat	½ cup rolled oats 1 tbsp applesauce 1 cup water	Each batch makes 20 treats; 1 - 2 treats fed per day	3	01/14 -10/16	Still feeding



PLEASE COMPLETE THE FOLLOWING PAGES IF YOU ARE INTERESTED IN A HOMEMADE DIET FORMULATION.

HOMEMADE DIET QUESTIONNAIRE

Please select protein ingredients your pet has consumed in the past or is currently eating. Please also indicate if there are any ingredients you would prefer to use or avoid using in a homemade diet.

Ingredient	Consumed in the Past	Currently Eating	Prefer to Use	Prefer to Avoid	Additional Comments
Chicken					
Liver (specify type)					
Turkey					
Beef					
Pork					
Lamb					
Duck					
Rabbit					
Venison					
Kangaroo					
Ostrich					
Bison					
Cod					
Salmon					
Tilapia					
Tuna					
Other Fish (specify type)					
Crab					
Shrimp					
Chicken Egg					
Cheese (specify type)					
Cottage Cheese					
Soybean/Tofu					
Yogurt					
Peanut Butter					
Cream Cheese					
Chickpeas					
Pinto Beans					

Are there any protein sources not listed above that your pet has previously consumed?



Please select carbohydrate ingredients your pet has consumed in the past or is currently eating. Please also indicate if there are any ingredients you would prefer to use or avoid using in a homemade diet.

	Comments

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	their agents or representatives listed here in order to
cess any claims or applications for insurance. I fulerinarian	rther authorize the release of medical information to my Primary
ennessee, College of Veterinary Medicine to use opared therefrom for such purposes and in such m	s/video/audio recordings of my animal, I hereby authorize the University or permit other persons to use the images, videos, or sound recordings nanner as may be deemed necessary, including but not limited to purposes, and the animal and/or owner will not be identified by name.
	sibility for the payment of all consultations/services rendered. Should an attorney, the undersigned agrees to pay all costs of collections,
 Payment required when services rende 	ered
\$30 service charge for all returned che	cks
 Interest may be charged at a rate of 1.5 for all accounts with outstanding balan 	·
	ing, or has had the foregoing read to him/her, and that he/she
	for all accounts with outstanding balan

Date

Signature of Owner or Owner's Agent