

## UTCVM NUTRITION SERVICE

## Diet, Activity &amp; Household History Form

**OWNER INFORMATION** *(please PRINT)*

Primary Contact (First and Last Name): \_\_\_\_\_

Alternate Contact (First and Last Name): \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone number(s): \_\_\_\_\_

E-mail: \_\_\_\_\_

*(Consults **REQUIRE** a valid e-mail; this is how you will receive the completed nutrition consult)*

**By checking the boxes below, I acknowledge that the following items are REQUIRED by the nutrition service and that my pet's appointment will be canceled if any of these items are not received.**

☐ Baseline Labwork *(within last 6 months)*

- ☐
- Chemistry
- ☐
- Urinalysis

Please have this information submitted or schedule an appointment with your veterinarian(s) to have these tests performed if not completed within the last 6 months.

☐ Nutrition Referral Form *(completed by your veterinarian)*

- We **CANNOT** provide consultation without a request from your veterinarian.
- This is the veterinarian who receives copies of our recommendations for your pet.

☐ Diet, Activity & Household History Form *(this form, completed by the owner)*

- We **CANNOT** provide consultation without completion of this form, including the Remote Consultation Form on page 9.

Please feel free to contact your veterinarian(s) to confirm the correct labwork and referral form have been sent.

It is the owner's responsibility to ensure we receive all required documentation. We reserve the right to cancel any scheduled appointments if required items are not received.

**Email all forms to [vetclientservices@utk.edu](mailto:vetclientservices@utk.edu).**

**ALL appointments with the nutrition service start with a Nutrition Consultation (\$275.00)**

To reach the nutrition service directly please email [UTVNS@utk.edu](mailto:UTVNS@utk.edu).

**If a written diet plan is recommended, select which option you think is most appropriate for your pet:**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Diet Plan (\$265) <ul style="list-style-type: none"><li><input type="radio"/> Commercial options</li><li><input type="radio"/> Homemade options</li></ul> | <input type="checkbox"/> Weight Loss Plan (\$150)<br><i>Appropriate for commercial diets only</i> | <input type="checkbox"/> Unsure of what option is best for my pet |
|--|---|---|

\*\*\* All written diet plans will be released within approximately 10 business days of the Nutrition Consultation.\*\*\*

**How did you hear about us?**

- |  |  |
|--|--|
| <input type="checkbox"/> My primary or specialty care veterinarian | <input type="checkbox"/> Internet search |
| <input type="checkbox"/> Friend/family member                      | <input type="checkbox"/> Other: _____    |

**PET INFORMATION** *(please PRINT)*

Name: \_\_\_\_\_ Breed: \_\_\_\_\_

 Species: ☐ Canine ☐ Feline

 Gender: ☐ Intact Female ☐ Spayed Female  
☐ Intact Male ☐ Neutered Male

 Age: \_\_\_\_\_ ☐ YEARS or ☐ MONTHS Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ (Month/Day/Year)

Who feeds this pet? \_\_\_\_\_

On average, how many hours per day is the pet home alone? \_\_\_\_\_

Number of family members at home? Adults: \_\_\_\_\_ Children: \_\_\_\_\_

 Other pets in the house? ☐ YES ☐ NO Number of additional pets and species: \_\_\_\_\_

Where is your pet fed? (e.g., kitchen, laundry room, bathroom) \_\_\_\_\_

 Does your pet have access to other pet food? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

\_\_\_\_\_

 Is there competition for food between pets? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

\_\_\_\_\_

 Is your pet fed from the same bowl as other pets in the house? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

\_\_\_\_\_

 Does your pet ever gain access to the trash? ☐ YES ☐ NO

If YES, how often does your pet get into the trash? \_\_\_\_\_

Does your pet have access to the outdoors?

☐ NO ☐ Fenced backyard ☐ Unfenced yard ☐ Leash walks ☐ Other: \_\_\_\_\_

 Where does your pet spend most of its time? ☐ Indoors ☐ Outdoors ☐ Both Indoors & Outdoors

 Is your pet: ☐ Very active ☐ Moderately active ☐ Not very active

Please describe the type or work or exercise (if any) your pet does on average per week. \_\_\_\_\_

\_\_\_\_\_

Please describe any care not provided by the primary owner (e.g., day care, dog walker, boarding): \_\_\_\_\_

\_\_\_\_\_

 Has your pet experienced any unintentional weight gain or weight loss? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

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What is your pet's current weight? \_\_\_\_\_ ☐ POUNDS or ☐ KILOGRAMS

Date weight was assessed: \_\_\_\_/\_\_\_\_/\_\_\_\_ (Month/Day/Year)

Is your pet: ☐ Overweight ☐ Ideal weight ☐ Underweight

If over- or underweight, what is your pet's ideal weight? \_\_\_\_\_ ☐ POUNDS or ☐ KILOGRAMS

Current Medical Concerns (*reasons for this consult*): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Previous Medical History (*please indicate whether or not these conditions have resolved*): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you noticed any change in the amount your pet is drinking or urinating? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

\_\_\_\_\_

Have you noticed any change in your pet's bowel movements? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

\_\_\_\_\_

Does your pet currently have a good appetite? ☐ YES ☐ NO

If NO, please describe: \_\_\_\_\_

\_\_\_\_\_

Has your pet's appetite recently changed? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

\_\_\_\_\_

Is your pet vomiting? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

\_\_\_\_\_

Do you use foods for medication administration? ☐ YES ☐ NO

If YES, please describe: \_\_\_\_\_

\_\_\_\_\_

**Current Flea/Tick/Heartworm Prevention (name and frequency of administration):**

EXAMPLE: Bravecto (for 10 – 22 pound dogs): 1 chew every 12 weeks (last given 10/1/2016)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Current Medications (name and dose per day):**

EXAMPLE: Prednisone (5 mg tablets): 1 ½ tablets twice daily

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**Current Supplements (name and dose per day):**

EXAMPLE: Nutramax Dermaquin Plus for Dogs (1300 mg Omega-3 fatty acids, 680 mg EPA, 450 mg DHA per teaspoon):  
1 teaspoon once daily

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**COMMERCIAL DIET HISTORY**

Diet Type	Brand	Flavor	Amount Fed Per Meal	Times Fed Per Day	Fed Since or Dates Fed	Reason Stopped
<b>EXAMPLE:</b> Dry	Purina Pro Plan	Sensitive Skin & Stomach Salmon & Rice	1 cup	Twice daily	Fed since May 2015	Still feeding
<b>EXAMPLE:</b> 5-oz wet tub	Wellness Trufood	Tasty Pairings with Chicken, Green Beans & Chicken Liver	½ tub	Four times per day	01/14 -10/16	Associated with diarrhea

**HOMEMADE DIET HISTORY**

Diet/Ingredient Type	Preparation Method	Amount Fed Per Meal	Times Fed Per Day	Fed Since or Dates Fed	Reason Stopped
<b>EXAMPLE:</b> Ground beef (80% lean, 20% fat)	Pan browned in 1 tablespoon olive oil	1 cup, cooked amount	Twice daily	January 2014 – October 2016	Still feeding
<b>EXAMPLE:</b> Green beans	Fed raw	½ cup, raw amount	Twice daily	January 2014 – October 2016	Associated with diarrhea

**COMMERCIAL TREAT HISTORY**

Treat Type	Brand	Flavor	Size	Number Fed Per Day	Fed Since or Dates Fed	Reason Stopped
<b>EXAMPLE:</b> Biscuit	Old Mother Hubbard	Classic Liv'R'Crunch oven-baked dog biscuits	Mini	6	Fed since May 2015	Still feeding
<b>EXAMPLE:</b> Bone	Greenies	Freshmint Dental Chews	Teenie	1	01/14 -10/16	Associated with diarrhea

**HUMAN FOOD / HOME PREPARED TREAT HISTORY**

Treat Type	Ingredient	Serving Size	Times Fed Per Day	Fed Since or Dates Fed	Reason Stopped
<b>EXAMPLE:</b> Vegetable	Green beans	1/2 cup	2	Fed since May 2015	Did not eat them well
<b>EXAMPLE:</b> Homemade treat	½ cup rolled oats 1 tbsp applesauce 1 cup water	Each batch makes 20 treats; 1 - 2 treats fed per day	3	01/14 -10/16	Still feeding

PLEASE COMPLETE THE FOLLOWING PAGES IF YOU ARE INTERESTED IN A HOMEMADE DIET FORMULATION.

## HOMEMADE DIET QUESTIONNAIRE

Please select protein ingredients your pet has consumed in the past or is currently eating. Please also indicate if there are any ingredients you would prefer to use or avoid using in a homemade diet.

Ingredient	Consumed in the Past	Currently Eating	Prefer to Use	Prefer to Avoid	Additional Comments
Chicken					
Liver (specify type)					
Turkey					
Beef					
Pork					
Lamb					
Duck					
Rabbit					
Venison					
Kangaroo					
Ostrich					
Bison					
Cod					
Salmon					
Tilapia					
Tuna					
Other Fish (specify type)					
Crab					
Shrimp					
Eggs					
Cheese (specify type)					
Cottage Cheese					
Yogurt					
Cream Cheese					
Other dairy products (specify type)					
Peanut Butter					
Soybean/Tofu					
Chickpeas					
Pinto Beans					
Other beans/legumes					

Are there any protein sources not listed above that your pet has previously consumed?

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Please select carbohydrate ingredients your pet has consumed in the past or is currently eating. Please also indicate if there are any ingredients you would prefer to use or avoid using in a homemade diet.

Ingredient	Consumed in the Past	Currently Eating	Prefer to Use	Prefer to Avoid	Additional Comments
White Rice					
Brown Rice					
Barley					
Oats (Oatmeal)					
Wheat (pasta, bread, etc.)					
Other Pasta (specify type)					
Couscous					
White Potato					
Sweet Potato					
Lentils					
Millet					
Quinoa					
Adzuki Beans					
Tapioca					
Sorghum					
Green Beans					
Carrots					
Corn/Polenta					
Spinach					
Green Peas					
Broccoli					
Cauliflower					
Zucchini					
Squash (specify type)					
Pumpkin					

Are there any carbohydrate sources not listed above that your pet has previously consumed?

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Is there any food that your pet will not eat?

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Medical Record #:

Animal's Name:

Owner:

Species:

Age:

Sex:

Phone:

Email:

## UTCVM VETERINARY MEDICAL CENTER

### REMOTE CONSULTATION TREATMENT CONDITIONS

VMR237\_RemoteConsultationTreatmentConditions | UPDATED 03/25/25

- Medical Consent:** I, the undersigned, do hereby certify that I am the owner (or authorized agent of the owner) of this animal and that I am 18 years of age or older; that I hereby authorize the Veterinary Medical Center of the University of Tennessee, their agents or representatives, to recommend the medical or surgical procedures, sedation, anesthesia, x-ray examination, diagnostic procedures, prescribe drugs, or such treatment which the clinician deems necessary.
- No Guarantee as to Results:** I understand that the practice of veterinary medicine and surgery is not an exact science, and I acknowledge that no guarantees have been made to me as to the result of treatments and examination.
- Education:** I understand and agree that the University of Tennessee Veterinary Medical Center is involved in educational activities and that faculty, residents, interns and students will be involved in my animal's care.
- Release of Information:** I authorize the release of medical information to the following Insurance Company \_\_\_\_\_ their agents or representatives listed here in order to process any claims or applications for insurance. I further authorize the release of medical information to my Primary Veterinarian \_\_\_\_\_.
- Photography/Videos/Audio:** If I submit photographs/video/audio recordings of my animal, I hereby authorize the University of Tennessee, College of Veterinary Medicine to use or permit other persons to use the images, videos, or sound recordings prepared therefrom for such purposes and in such manner as may be deemed necessary, including but not limited to teaching, education, research, and public information purposes, and the animal and/or owner will not be identified by name.
- Promise to Pay Account:** I agree to accept responsibility for the payment of all consultations/services rendered. Should it become necessary to collect this account through an attorney, the undersigned agrees to pay all costs of collections, including reasonable attorney fee
  - **Payment required when services rendered**
  - **\$30 service charge for all returned checks**
  - **Interest may be charged at a rate of 1.5% per month (10% per annum) for all accounts with outstanding balances**

The undersigned certifies that he/she has read the foregoing, or has had the foregoing read to him/her, and that he/she understands and fully accepts its terms.

\_\_\_\_\_  
Signature of Owner or Owner's Agent

\_\_\_\_\_  
Date